



**BEFORE AND AFTER:** Big daddy Jason Connors (above) and (below), after losing 12 stone during life-changing treatment

# Dad beats bulge after being given five years to live

■ BY NICK AMES

JASON Connors used to be so self-conscious of his size that even in the height of summer he would wear a coat.



Despite playing football regularly for a Deal Sunday league team and working out in the gym, his weight ballooned to a staggering 27-and-a-half stone and he was told he only had five years to live.

It was then that Jason realised he didn't want to die young and miss seeing his family grow up, so he decided to have a gastric bypass with weightloss specialist Streamline Surgical and has since lost an amazing 12 stone and 18 inches off his waist.

Jason had been big for as long as he could remember due to a metabolism which was so slow no fat could be burnt off his body.

He hated the stares and comments people would make and believes he was treated differently because of his weight. He tried everything, but nothing would shift it.

"Diets and pills just did not work for me," he said.

"I needed a more permanent solution. I have three beautiful granddaughters and I wanted to see them grow up. So I went to my GP and was referred to Streamline Surgical's Shaw Somers, who has since given me my life back. I can now fully appreciate and live my life.

## Treatment

"I cannot say what it feels to be how I am now – I owe Shaw so much. I cannot express the esteem I hold him in.

"I had trouble getting the treatment sorted even though my GP had approved it and finally I was referred to a hospital in Chichester where he works. I knew then I had the number one in the field.

"I even saw him on TV show *The Fat Doctor* on the Discovery Channel, so I knew I was in good hands.

"When you have been large from an early age, the stares and remarks become just a part of life. But it was so nice to be able to walk through my home town of Deal without attracting a second glance.

"The procedure itself was amazing and surgically my stomach was shrunk to the size of a chicken's egg. All I could eat was slop – but it filled me up and I didn't feel hungry.

"I knew I had a choice – drastic surgery or very little chance of a proper life, in fact an imminent death.

"I made the right choice."

For an interview with Jason, go to [www.yourkenttv.co.uk](http://www.yourkenttv.co.uk).