

SUE LOSES WEIGHT TO GAIN TIME

AMAZING **12** STONE WEIGHT LOSS



A SOUTHAMPTON mum was given just five more years to live unless she got her health under control.

With all her problems stemming from her weight, and decades of failed diets, Sue Smith, 50, knew she needed to find a more permanent solution.

So she had gastric bypass surgery with Streamline Surgical and hasn't looked back.

Sue's problems began when she had her children and, like many women, piled on the pounds.

However they were very stressful births and food became a comfort for Sue.

As well as this, she moved to start a new life and food again helped her through this upheaval.

Sue also suffered with back problems

stemming from a car accident, which became so bad she had to use walking sticks.

"As my back problems got worse I became very depressed, had high blood pressure and acid reflux.

"I wasn't coping. I was also told I

need a hysterectomy but the surgeon wouldn't operate at the weight I was, which was almost 26 stone.

"It finally dawned on me that I was risking my life being so overweight.

"Doctors told me I only had five years left if I didn't have the surgery."

Sue has since lost an incredible 12 stone and dropped nine dress sizes, and says it's wonderful to feel like normal person able to do everyday things with ease.

She no longer needs her sticks, the acid reflux has completely gone and she can now have a good life with her family.

She now has aspirations to write her riveting autobiography as well as train to be a teacher.

"I couldn't get on the PGCE course before as I failed the medical but now I can finally do what I've always wanted to," she said.