

Fat MK claims baffle health professionals after survey

HEALTH bosses are baffled after Milton Keynes was named as the fattest city in the country.

The report came following research carried out by pharmaceutical and healthcare company GlaxoSmithKline.

It suggested Milton Keynes topped the fat league table with people putting a strain on not only their health but also the NHS.

An MK PCT spokesman said: "Obesity rates in Milton Keynes are in line with the national average.

"There is great support available in Milton Keynes for people who would like to achieve a healthier weight, and advice about physical activity and healthier eating is available through your GP practice. There's also lots of good tips available at www.change4life.nhs.uk."

Last year the Citizen wrote about Bletchley woman Kim Smith who had a gastric bypass operation with Streamline Surgical, the UK's largest obesity surgery unit.

Now the company is advising people around the city to consider improving their health and reducing the cost on the NHS by undergoing similar treatments.

For more information visit www.streamline-surgical.com.